## The Busy Beast Family Discussion Questions

- 1. Does our life feel too busy, not busy enough, or just right?
- 2. In the book, the Busy Beast says, "You must work hard! Play's a treat you earn" and the child replies, "You are mistaken. Play is HOW we learn." What do you think about this? Do you think you can learn from playing?
- 3. The children in the book believe the grown-ups have accepted the Beast, that busyness is just a part of life in their town. Does that feel true where we live?
- 4. In the book, the Beast Beast makes the children learn about lots of different subjects at school. If you could pick what to learn about in school, what would you choose?

  What parts of the school day feel most enjoyable to you? What parts fe
- What parts of the school day feel most enjoyable to you? What parts feel stressful?
- 5. What activities do you do out of school that you LOVE? What activities would you consider giving up to make more time for family and relaxation?
- 6. What are some fun, free (or nearly-free) activities you would like to do as a family or with friends (e.g. hiking, playing a board game)?

