

Name: _____

Date: _____

THE BUSY BEAST

REFLECTION QUESTIONS



1 Does your life feel too busy, not busy enough, or just right?

2 In the book, the Busy Beast says, "You must work hard! Play's a treat you earn" and the child replies, "You are mistaken. Play is HOW we learn." What do you think about this? Can you learn from playing?

3 The children in the book believe the grown-ups have accepted the Beast, that busyness is just a part of life in their town. Does that feel true where you live?

4 In the book, the Busy Beast makes the children learn about lots of different things at school. If you could pick what to learn about in school, what would you choose?



5 What parts of the school day feel most enjoyable to you? What parts feel stressful?

6 Sometimes doing a lot of activities makes it hard to spend time together as a family. What are some fun, free (or nearly-free) activities you would like to do as a family or with friends (e.g. hiking, playing a board game)?

Optional: PICK ONE

Make a list of the activities that you do that make you feel JOYFUL and a list of the activities you do that just make you feel BUSY.

If you had an entire unscheduled day outside of school, how would you want to spend it? (This can be answered aloud with a partner or as a written response.)

Draw a picture of yourself feeling calm or unhurried.

Write a letter to the Busy Beast telling him why you want him to leave town.